

Menu de la cantine



Week 1

Monday: Baked chicken quarter/rice/pudding
Tuesday: Honey glazes ham/mashed potatoes/cookies
Wednesday: Pesto herb chicken/pesto pasta/yogurt
Thursday: Chicken tenders/macaroni and cheese/applesauce
Friday: Cheeseburgers/ fries/ fruit



Week 2

Monday: Beef meatloaf/broccoli/cake
Tuesday: Pork chops/greens beans/brownies
Wednesday: Grilled steak/roasted potatoes/yogurt
Thursday: Hot dogs/chips/cookies
Friday: Lasagna/garlic bread/fruit

Week 3

Monday: Sausages/potato wedges/pudding
Tuesday: Chicken parmesan/pasta/applesauce
Wednesday: Roasted turkey/green beans/cheesecake
Thursday: Bacon and cheese quiche/broccoli/pie
Friday: Pizza/salad/cookies

Week 4

Monday: BLT/potato salad/brownies
Tuesday: BBQ pork sandwich/baked beans/cinnamon apples
Wednesday: Scrambled eggs/bacon/sausage/pancakes
Thursday: Baked pork loin and gravy/rice/yogurt
Friday: Fried shrimp/fries/fruit

Week 5

Monday: Beef chili/salad/cornbread
Tuesday: Beef stew/rice/pudding
Wednesday: Baked ziti/garlic bread/fruit
Thursday: Roast beef and cooking juice/mashed potatoes/yogurt
Friday: Subway sandwich/chips/cookies



Week 6

Monday: Honey mustard chicken/roasted potatoes/pie
Tuesday: Beef ravioli/salad/fruit
Wednesday: Salmon and hollandaise sauce/rice/ice cream
Thursday: Ham and cheese wraps/fries/cookies
Friday: Beef nachos/rice/waffles